



Learn from the best!

*Your players will have fun and
get that edge on the field while
learning from the Best!*



See you at the Camp!

Capital District Youth Football Academy
Steve Hladik
276 Georgetown Court
Albany, NY 12203

CAPITAL DISTRICT YOUTH FOOTBALL ACADEMY 2009



Date:

July 27th - 30th

Time:

6:00 - 8:00 pm

Location:

Practice Field

Orenda Elementary School

Shenendowa HS Campus

Players in 3rd - 8th grade

May attend the camp

Camp Philosophy:

This camp is designed to teach the fundamentals of football in a safe and fun atmosphere. Rookie or Veteran, this camp will develop your skills on the football field. It will give you the chance to try a different position or master the one you currently play. You will enter the season with stronger football skills, more confidence, and a better understanding of the game of football.

Camp Staff:

Steve Hladio & Scott McCart will direct the camp. Local HS , College , and Special guests.

The camp will teach position specific skills that will give you the edge on the field this fall. Campers will be exposed to the best coaches the area has to offer.

Campers will be broken into age related groups.

Camp Cost: \$100 per camper

\$90 per player for a group of 10 or more.

Please contact if you are part of a group of 10 or more.

All campers will receive a camp T-Shirt.

Please mail registration in by JULY 17, 2009

Steve Hladio
276 Georgetown Court
Albany, NY 12203

Camp Details

Camp Schedule:

- Stretch and Flex
- Offensive Fundamentals and skills
- Team Fundamentals
- Break
- Defensive Fundamentals and skills
- Team Fundamentals

Equipment:

This is a full contact camp. You must provide and make arrangements to get equipment from your local organization.

- Monday/Tuesday: Helmets & Uppers
- Wednesday/Thursday: Full Gear
- Thursday is Game Night.
- Mouth Guards are required for all sessions.

General Policies:

- No refunds after 1st day of camp
- Rain/Weather - TBD at start of each session.
- Schedule will be adjusted if a session is cancelled
- Camp director has the right to send any parent or camper home without a refund if they are disruptive.

Registration Form:

Name: _____

Address: _____

Parent/Guardian: _____

Phone: _____

Cell: _____

Email _____

Emergency Contact: _____

School/Group _____

Medical Conditions: _____

Shirt Size: Youth - S M L XL

Group of 10 or more Yes No

I fully understand and agree as the parent or legal guardian, that the Capital District Football Academy, coaches, staff , and sponsors assume no legal liability for injury or loss as a result of camp participation. I do have medical coverage for the above registered player

Signature: _____ Date: _____

Send payment and registration to:

Steve Hladio Football Camp
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